

Campion College Residential Menu 2019 Semester 2 Term 2

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Week 10	<i>Breakfast</i>	<i>Public holiday</i>	<i>Boiled eggs and hash browns, fruit, cereal, juice, and toast</i>	<i>Scrambled eggs with tinned spaghetti, fruit, cereal, juice, and toast</i>	<i>Bacon and eggs with fruit, cereal, juice, and toast</i>	<i>Pancakes with fruit, cereal, juice, and toast</i>	<i>Self-serve cereal, muesli, and toast</i>	<i>Self-serve bacon and eggs with a selection of cereal, muesli, and toast</i>
	<i>Dinner</i>		<i>Chicken tender wrap with salad, cheese and aioli and chips</i>	<i>Spaghetti bolognese with garden salad</i>	<i>Chicken pad thai with rice noodles and vegies</i>	<i>Fish curry with jasmine rice and vegies</i>	<i>Chicken Maryland with mashed potato, peas and gravy</i>	<i>Shepherd's pie with garden salad</i>
Week 11	<i>Breakfast</i>	<i>Scrambled eggs with mushrooms, fruit, cereal, juice, and toast</i>	<i>French toast with bacon and maple syrup with fruit, cereal, juice, and toast</i>	<i>Boiled eggs and potato gems, fruit, cereal, juice, and toast</i>	<i>Fruit, cereal, juice, and toast</i>	<i>Fried egg and baked tomatoes with fruit, cereal, juice, and toast</i>	<i>Self-serve cereal, muesli, and toast</i>	<i>Self-serve bacon and eggs with a selection of cereal, muesli, and toast</i>
	<i>Dinner</i>	<i>Veal tortellini with creamy bacon, mushroom, baby spinach and broccoli sauce</i>	<i>Beef moussaka with garden salad</i>	<i>Gourmet lamb and rosemary sausages with mashed potatoes and steamed green beans</i>	<i>Formal Hall</i>	<i>Vegetable dahl curry with basmati rice</i>	<i>Beef pho</i>	<i>Corned beef with white sauce, baked potatoes and pumpkin and green beans</i>
Week 12	<i>Breakfast</i>	<i>Scrambled eggs with baked beans, fruit, cereal, juice, and toast</i>	<i>Bacon and eggs with fruit, cereal, juice, and toast</i>	<i>Frittata with fruit, cereal, juice, and toast</i>	<i>Scrambled eggs and sausages with fruit, cereal, juice, and toast</i>	<i>Pancakes with fruit, Cereal, juice, and toast</i>	<i>Self-serve cereal, muesli, and toast</i>	<i>Self-serve bacon and eggs with a selection of cereal, muesli, and toast</i>
	<i>Dinner</i>	<i>Asian chicken wrap with Asian salad, aioli, hoisin sauce and chips</i>	<i>Thai beef salad</i>	<i>Chicken risotto with mushroom, baby spinach, pumpkin, steamed cauliflower and broccoli</i>	<i>250g rump steak with chips gravy and a garden salad</i>	<i>Grilled barramundi (lemon, butter and dill sauce) with potatoes and steamed broccoli</i>	<i>Pizza</i>	<i>Pork and beef meatballs in a Moroccan sauce with basmati rice and veggies</i>

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Week 13	<i>Breakfast</i>	<i>Scrambled eggs with spinach, fruit, cereal, juice, and toast</i>	<i>Bacon and eggs with fruit, cereal, juice, and toast</i>	<i>Boiled eggs and hash browns, fruit, cereal, juice, and toast</i>	<i>Fruit, cereal, juice, and toast</i>	<i>Fried egg and baked tomatoes with fruit, cereal, juice, and toast</i>	<i>Self-serve cereal, muesli, and toast</i>	<i>Self-serve bacon and eggs with a selection of cereal, muesli, and toast</i>
	<i>Dinner</i>	<i>Chicken tender wrap with tomato, cucumber, lettuce, onion, aioli and chips</i>	<i>Spaghetti bolognaise with garden salad and garlic bread</i>	<i>Chicken, chorizo, and prawn paella with grilled asparagus</i>	<i>Formal Hall</i>	<i>Cheese and spinach spanakopita with Greek salad</i>	<i>Asian chicken soup with rice noodles</i>	<i>Shepherd's pie with garden salad</i>
Week 14	<i>Breakfast</i>	<i>Scrambled eggs with mushrooms, fruit, cereal, juice, and toast</i>	<i>Boiled eggs and potato gems, fruit, cereal, juice, and toast</i>	<i>Bacon and eggs, fruit, cereal, juice, and toast</i>	<i>Frittata, fruit, cereal, juice, and toast</i>	<i>Pancakes, fruit, cereal, juice, and toast</i>	<i>Self-serve cereal, muesli, and toast</i>	<i>Self-serve bacon and eggs with a selection of cereal, muesli, and toast</i>
	<i>Dinner</i>	<i>Honey garlic soy chicken with jasmine rice and steamed vegies</i>	<i>Gourmet pork sausages with mashed potato, steamed carrots, broccoli and cauliflower</i>	<i>Chicken Caesar salad</i>	<i>Pork steak with chips, gravy and garden salad</i>	<i>Fish curry with jasmine rice and mixed vegies</i>	<i>Chicken risotto with baby spinach, fetta, mushrooms and fresh green beans</i>	<i>Roast beef with baked potatoes, pumpkin, peas and gravy</i>
Week 15	<i>Breakfast</i>	<i>Scrambled eggs with spinach, fruit, cereal, juice, and toast</i>	<i>French toast with bacon and maple syrup, fruit, cereal, juice, and toast</i>	<i>Frittata with fruit, cereal, juice, and toast</i>	<i>Fried egg with chipolata sausage, fruit, cereal, juice, and toast</i>	<i>Scrambled egg with baked tomato, fruit, cereal, juice, and toast</i>	<i>Self-serve cereal, muesli, and toast</i>	<i>Self-serve bacon and eggs with a selection of cereal, muesli, and toast</i>
	<i>Dinner</i>	<i>Chicken pesto wrap with aioli, tomato, cheese, onion, baby spinach and sweet potato chips</i>	<i>Fettucine carbonara with steamed vegies</i>	<i>Beef stroganoff with jasmine rice and steamed veggies</i>	<i>Thai beef salad</i>	<i>Vegetable lentil curry with basmati rice</i>	<i>Beef pho</i>	<i>Bolognaise pasta with garden salad</i>

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<i>Week 16</i>	<i>Breakfast</i>	<i>Scrambled eggs with baked beans, fruit, cereal, juice, and toast</i>	<i>Bacon and eggs with fruit, cereal, juice, and toast</i>	<i>Boiled eggs and hash browns, fruit, cereal, juice, and toast</i>	<i>Fruit, cereal, juice, and toast</i>	<i>Pancakes with fruit, cereal, juice, and toast</i>	<i>Self-serve cereal, muesli, and toast</i>	<i>Self-serve bacon and eggs with a selection of cereal, muesli, and toast</i>
	<i>Dinner</i>	<i>Beef pie with mashed potatoes, peas and gravy</i>	<i>Minestrone soup with crusty bread roll</i>	<i>Chicken tandoori wrap with chips</i>	<i>Formal Hall</i>	<i>Grilled barramundi with lemon, dill and butter sauce with chat potatoes and steamed spinach</i>	<i>Gourmet lamb and rosemary sausages with mashed potatoes, peas and gravy</i>	<i>Beef moussaka with garden salad</i>

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