

Application for College Catering Exemption

Student Details

Student Name:

Student Surname:

Student Number:

Eligibility for Exemption

Withdrawal from the College Catering Service, which is comprised of five dinners, Monday to Friday, is only allowed on the grounds of a serious medical condition and is subject to the following conditions:

- 1) The student must ask a General Practitioner or Medical Specialist to:
 - a) Review the sample dinner menu attached to this form, and
 - b) Fill out the required parts of this form, outlining any student's dietary requirements and the reasons why the sample dinner menu is not suitable for the student's health and does not meet his or her dietary requirements.
- 2) Any further supporting information or documentation may be submitted to substantiate the student's application.
- 3) Removal from the College Catering Service is only granted once this form is approved.

All documentation provided to the College regarding your application will remain confidential.

A staff member will contact you to discuss your exemption eligibility.

Dietary Considerations

1. What medical condition does the student have that leads to their dietary requirements?

2. For what period will this dietary requirement apply? (Tick only one box – exemptions are granted per semester only)

Semester 1 (March - June)

Semester 2 (August – November)

Other Period (please specify dates):

3. Please specify the student's dietary requirements for the period above

4. Please specify the meals on the attached sample menu that are not suitable for the student's diet and the reasons why *(Please provide as much detail as possible. You may attach a Medical Certificate or Letter outlining further details to support this application)*

Declaration

I declare that the information on this form is, to the best of my knowledge, correct and complete in every detail.

General Practitioner/Specialist Name:

Address of Practice:

Practice Phone Number:

General Practitioner/Specialist Signature:

Office Use Only

Student Administration Officer

Application for Catering Exemption: Approved Denied

Comments (optional):

Copy given to Student Administration for Student's file

Signature & Date:

Four-Week Dinner Plan Semester 2, 2021

WEEK 1

Monday	Butter Chicken with rice, raita and papadums
Tuesday	Roasted Leg of Pork with a medley of vegetables, roasted chat potatoes and red wine gravy
Wednesday	Spaghetti Bolognese with shaved parmesan and freshly baked bread rolls
Thursday	Moroccan Style Half Roasted Chicken with potato wedges and cumin gravy
Friday	Spinach & Ricotta Ravioli with sundried tomato cream and freshly baked bread rolls

WEEK 2

Monday	Beef Thai Massaman Curry with jasmine rice and prawn crackers
Tuesday	Beef Lasagne with rocket parmesan salad
Wednesday	Tandoori Chicken with biryani rice, kachumber salad and raita
Thursday	Chicken Caesar Salad with croutons, bacon bits, boiled egg and shaved parmesan
Friday	Penne Pasta with cream of mushroom sauce, wild rocket, parmesan and garlic bread

WEEK 3

Monday	Thai Chicken Green Curry with jasmine rice and prawn crackers
Tuesday	Beef and Red Wine Pie with mushy peas, gravy and garden greens salad
Wednesday	Chicken Tortellini with napolitana sauce, parmesan cheese and sourdough baguette
Thursday	Chili Con Carne with nachos, guacamole, sour cream and salsa
Friday	Wild Mushroom Risotto with shaved parmesan, wild rocket and freshly baked bread rolls

WEEK 4

Monday	Chicken Parmigiana with seasonal vegetables
Tuesday	Sweet and Sour Pork with pineapple, peppers and jasmine rice
Wednesday	Beef Tortellini with sundried tomato pesto cream and freshly baked sourdough
Thursday	Portuguese Style Half Roasted Chicken with steamed broccoli
Friday	Roasted Butternut Pumpkin Soup with cheesy garlic bread

Please Note: The college can meet the majority of dietary requirements of any student with an allergy
Gluten free and lactose free meal options are available to students with these dietary requirements