Application for College Catering Exemption



Student Details		
Student Name:		
Student Surname:		
Student Number:		
Eligibility for Exemp	otion	
allowed on the groun 1) The student a) Review t b) Fill out t why the dietary r 2) Any further s application. 3) Removal from All documentation p	nds of a serious medical condition and is somust ask a General Practitioner or Medica he sample dinner menu attached to this for required parts of this form, outlining a sample dinner menu is not suitable for the requirements.	al Specialist to: form, and any student's dietary requirements and the reasons are student's health and does not meet his or her may be submitted to substantiate the student's inted once this form is approved. application will remain confidential.
Dietary Consideration	<u> </u>	•
1. What medica	al condition does the student have that le	ads to their dietary requirements?
2. For what per	riod will this dietary requirement apply?	
Semester 1 (Fe	ebruary - June)	
Semester 2 (Au	igust - November)	
Other Period (p	olease specify dates):	
3. Please specif	fy the student's dietary requirements for	the period above

	hed sample menu that are not suitable for the student's diet and uch detail as possible. You may attach a Medical Certificate or
Letter outlining further details to sup	
Declaration	
detail.	, to the best of my knowledge, correct and complete in every
General Practitioner/Specialist Name:	
Address of Practice:	
Practice Phone Number:	
General Practitioner/Specialist Signature:	
Office Use Only	
	Application for Catering Exemption: ☐ Approved ☐ Denied
	Comments (optional):
Campus Manager	
	Copy given to Compus Manager for Student's file
	☐ Copy given to Campus Manager for Student's file

Four-Week Dinner Plan - SAMPLE		
WEEK 1		
Monday	Butter Chicken Curry, green peas with rice pilaf, cucumber, raita and papadums	
Tuesday	Roasted Leg of Pork with a medley of vegetables, roasted chat potatoes and red wine gravy	
Wednesday	Beef Burger with pineapple, beetroot, lettuce, onion, tomato, chips, and a side of coleslaw	
Thursday	Pan Fried Chicken Kiev with roasted sweet potato, green beans, and cumin gravy	
Friday	Steam Nile Perch with roasted Japanese pumpkin, baby bok choy and dill mustard cream plus a Chocolate Ice Cream Tub	
WEEK 2		
Monday	Roasted Beef Rump with olive potatoes, roasted cauliflower, corn, and a side of garden greens with Italian dressing	
Tuesday	Chicken Stir Fry with Asian vegetables, cashew nuts, ginger rice and Thai salad	
Wednesday	Beef Lasagne with Greek salad and garlic bread	
Thursday	Chicken Caesar Salad with croutons, bacon bits, boiled egg, shaved parmesan, and garlic bread	
Friday	Tuna Pasta Bake with a freshly baked baguette, side of garden greens and fruit salad	
WEEK 3		
Monday	Thai Chicken Green Curry, vegetables with jasmine rice and prawn crackers	
Tuesday	Beef Stroganoff with mushroom, mash potato, broccoli, and a freshly baked bread roll	
Wednesday	Lamb Korma with aromatic rice pilaf, papadums and sweet potato salad	
Thursday	Make your own Burrito with Cajun Chicken Strips, guacamole, sour cream, lettuce, cheese, and salsa	
Friday	Wild Mushroom and Spinach Capsicum Frittata, parmesan, wild rocket, and garlic bread plus a Strawberry Ice Cream Tub	
WEEK 4		
Monday	Chicken Parmigiana with broccoli and roasted chat potato, rosemary, and garlic	
Tuesday	Steak Sandwich with caramelised onion and mushroom mix, cheese, and sweet potato chips	
Wednesday	Chicken Pesto Creamy Pasta with tomato bocconcini salad and freshly baked sourdough	
Thursday	Pork Bangers and Mash with beetroot chutney, grilled zucchini, and onion gravy plus a freshly baked bread roll	
Friday	Roasted Butternut Pumpkin Soup with cheesy garlic bread and fruit salad	